

ACCESS TO MEDICAL SERVICES

for Visitors to Arran

The Medical Centre, 01770 600516

Lamlash KA27 8NS

Brodick Health Centre, 01770 600516

Brodick KA27 8AJ

Shiskine Surgery, 01770 600516

Shiskine KA27 8EW

Whiting Bay Surgery, 01770 600516

Whiting Bay KA27 8QN

URGENT MEDICAL ATTENTION

Within Working Hours

If you need to see a GP during your visit, please contact us on **01770 600 516**.

If you are staying for less than 3 months we will register you on a temporary basis and will offer you an appointment at one of our sites.

Please be aware that we will have no access to your previous medical records. For this reason, we recommend waiting to see your own regular GP, unless you feel that the problem cannot wait.

We can provide services to temporary residents:

- * Urgent medical care that cannot wait until you return home
- * Assistance with Warfarin/INR monitoring whilst you are away
- * Removal of sutures, dressing changes e.g. from an accident that you have been treated at our community hospital for.

Arran Medical GROUP NHS Ayrshire & Arran

www.arranmedical.co.uk

01770 600516



FORGOTTEN MEDICATION

Your own GP may be able to help. The simplest way of obtaining medication is to ask your GP practice to email a prescription to one of our local Pharmacies, or to Shiskine Dispensary.

[Brodick Pharmacy Tel 01770 302250](#)

[Lamlash Pharmacy Tel 01770 600275](#)

Where this is not possible...

Visit the local pharmacy, as they may be able to give you an emergency supply of your medication.

GET THE RIGHT CARE IN THE RIGHT PLACE

NHS 24

NHS inform includes self-help guides for a range of common conditions: NHSinform.scot/self-help-guides. If you think you need A&E but it's not life threatening, call NHS24 on 111. If you need same day medical attention that cannot wait for your GP Practice to reopen, call NHS24 on 111

GP PRACTICE

A range of clinicians, including doctors, nurses, our Advanced Nurse Practitioner and support from the pharmacists and physiotherapists to help you with both mental and physical health issues. If you need medical attention that cannot wait when the GP Practice is closed, call NHS24 on 111

DENTIST

Tooth pain
Swelling to your mouth
Injury to your mouth
Painful or bleeding gums
Advice on oral hygiene

PHARMACIST

Coughs, colds and sore throats
Urine Infections / Aches and pains
Insect bites / Indigestion
Help with repeat prescriptions
Diarrhoea or constipation
Head lice / Hay fever

HOSPITAL & EMERGENCY DEPT.

Arran War Memorial Hospital or 999

Serious wounds and severe bleeding
Suspected broken bones and fractures
Suspected heart attack or stroke
Breathing difficulties

PHARMACY FIRST

NHS Pharmacy First Scotland is a service designed to encourage everyone to visit their community pharmacy as the first port of call for all minor illnesses and specific common clinical conditions.

- If you have a minor illness, a pharmacy is the first place you should go for advice.
- You do not usually need an appointment and you can go to any pharmacy.
- Your pharmacist can give you advice for a minor illness, and medicine if they think you need it.

